



**Sangeeta Pilger**  
Executive Coach and Facilitator  
Accredited Mediator

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## Profile

Sangeeta is an *experienced, qualified and credentialled Executive Coach, Career Coach, Workplace Mediator and Facilitator* with over 25 years of government and private sector experience. See testimonials overleaf.

## Executive Coaching Expertise

Sangeeta has over 1800 hours of 1-to-1 coaching experience and has been awarded Professional Certified Coach (PCC) level accreditation by the International Coach Federation (ICF).

She is adept at helping people notice what holds them back and what energises them and helps them access and amplify their strengths. Sangeeta challenges and supports people in progressing their intentions and works with them to manage conflicting priorities.

## Specialist in positive leadership and cohesive teams

Sangeeta brings significant expertise in supporting leaders to excel and works with leaders at all levels and their teams. She is the author of the No.1 Amazon Best Seller 'In the Moment Coaching for Leaders', providing time-poor leaders with evidence-based context and practical strategies to make a difference in their work and lives. Sangeeta has been a contributor to the Mandarin Premium, a specialist public sector leadership resource. She regularly facilitates workshops (face to face and virtual) in leadership development, career development, coaching and mentoring, communication, effective workplace relationships, emotional intelligence, conflict resolution, resilience, difficult conversations, time management and assertiveness. As a workplace mediator, she brings expertise in facilitating conversations and helping people navigate conflict and find a way forward.

## Career Coaching Expertise

A proven track record with successfully preparing clients for promotion, writing quality applications, excelling at interview and enabling clients to make energising decisions about career direction.

Sangeeta specialises in helping clients clarify their strengths, achievements, purpose and branding, and provides practical CV, application and interview support. She was engaged as a Career Coach and Facilitator by a Royal Commission over a two year period, achieving excellent results. She utilised by a range of local and global organisations for her career expertise

She is accredited in a broad range of diagnostic tools to improve awareness of self and others and identify strategies for workplace success.

## Business Roles (selected)

- 2008 - Present  
*Principal, Achievement Zone Coaching Services*
- 2006 - 2010  
*Executive Manager, Leadership, Learning & Development, Centrelink*

## Qualifications

- Master of Business Coaching with Distinction, Sydney Business School, University of Wollongong, 2018
- Graduate Diploma in Human Resource Management, University of Canberra, 1996
- Bachelor of Arts, Psychology and Sociology, ANU, 1987
- Diploma of Workplace and Business Coaching, Open Door Coaching Group, 2012
- Certificate IV in Workplace and Business Coaching, Open Door Coaching Group, 2009
- Certificate IV in Life Coaching, Life Coaching Academy, 2006
- Diploma of Government, Transformed, 2011
- Diploma of Management, Transformed, 2011
- Certificate IV Frontline Management, Transformed, 2011
- Certificate IV in Training and Assessment (TAE), Australian Institute of Management, 2011

## Professional Development (selected)

- Coaching Supervision - Amanda Horne (Current)
- Introductory and Advanced Shadow and Laser Coaching, Donna Karlin School of Shadow Coaching, 2012 - 2013
- Certified Leading with Emotional Intelligence Facilitator, Langley Group, 2010
- Accredited Coaching Skills for Manager Trainer, Institute of Executive Coaching, 2008

## Accreditations

- Mediation Accreditation, Australian Disputes Centre
- PCC Credentialled Coach, ICF

## Selected Client Organisations

**Government Departments:** Prime Minister and Cabinet, Foreign Affairs and Trade, Infrastructure, Health and Aged Care, Home Affairs, Defence, Finance, Industry, Parliamentary Services and House of Representatives.

**Other:** Icon Water, Clean Energy Regulator, Calvary Hospital, Australian National University, NSW Dept of Education, Agile Digital; South East Asian Central Banks, Child Abuse Royal Commission, BNP Paribas, ADCO

## Diagnostic Tools

Herrmann Brain Dominance Instrument (HBDI); DiSC; StrengthsProfile; Genos Emotional Intelligence; Reach Ecosystem and Full Circle 360